



# Maryhill

MANOR OF NIAGARA

## FAMILY NEWSLETTER

SPONSORED BY THE  School Sisters of St. Francis

**WHERE AMAZING THINGS HAPPEN ONE STEP AT A TIME**

## MARCH 2020

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### Saint Patrick's Day,

feast day (March 17) of St. Patrick, patron saint of Ireland. Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and taken to Ireland as a

slave. He escaped but returned about 432 to convert the Irish to Christianity. By the time of his death on March 17, 461, he had established monasteries, churches, and schools. Many legends grew up around him—for example, that he drove the snakes out of Ireland and used the shamrock to explain the Trinity. Ireland came to celebrate his day with religious services and feasts. It was emigrants, particularly to the United States, who transformed St. Patrick's Day into a largely secular holiday of revelry and celebration of things Irish. Cities with large numbers of Irish immigrants, who often wielded political power, staged the most extensive celebrations, which included elaborate parades. Boston held its first St. Patrick's Day parade in 1737, followed by New York City in 1762. Since 1962 Chicago has colored its river green to mark the holiday. (Although blue was the color traditionally associated with St. Patrick, green is now commonly connected with the day.) Irish and non-Irish alike commonly participate in the “wearing of the green”—sporting an item of green clothing or a shamrock, the Irish national plant, in the lapel. Corned beef and cabbage are associated with the holiday, and even beer is sometimes dyed green to celebrate the day. Although some of these practices eventually were adopted by the Irish themselves, they did so largely for the benefit of tourists.

Copied From: The Editors of Encyclopaedia Britannica. “Saint Patrick's Day.” *Encyclopædia Britannica*



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**YOUR BEST PATH FROM HOSPITAL TO HOME**



### IRISH STEW

Prep Time: 12 mins  
Cook Time: 4-hours  
Serves 8

2 lbs. beef stew cut into cubes  
4 carrots cut into 1 inch pieces  
6-8 big red potatoes  
(peeled and cut into chunks)  
1 white onion  
(cut into chunks)  
3 cloves garlic minced  
(or with a grater)  
1 can tomato soup  
1 bottle of Beer  
1 cup cold water  
Salt and Pepper to taste

#### Instructions:

Add meat straight to crock pot without browning it. Add vegetables, beer, soup and water. Cook on low for 4 hours. Then set to warm until ready to eat (can be many hours).



## *From Our Pastoral Care Director*

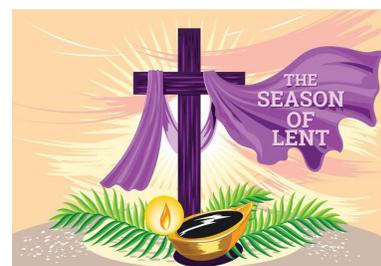


### It's Lent Again...

It's Lent again. Time for fish on Friday, more prayers, and....what's that third thing? Oh right! Almsgiving. One of the most popular prayers during Lent is "The Stations of the Cross". It is a time to enter into the Passion of Christ (the last hours of his life on earth before his crucifixion) in order to draw us closer to Him which epitomizes what they are all about. They include fourteen crosses and are usually accompanied with pictures or images of each particular station which pertains to Jesus as he struggles his way from Pontiac Pilate's praetorium to His tomb. Years ago, I struggled with the Lenten season. I just couldn't get into it. I felt dry and dusted inside just like these Stations when we first acquired them. I almost didn't keep them because they were in such band condition (filthy dirty with mold). They were found in a dirty, dusty attic in a church's garage which is where they sat for over fifty years. I was looking into getting some new Stations of the Cross for our chapel because the old ones were so small our residents couldn't see them.

For me, praying the Stations felt like just another chore during Lent, like giving up sweets which is another tradition many Christians practice during the Lenten season. It wasn't until I witnessed the transformation of our Stations of the Cross and meditated on those images of our Lord's sorrowful walk during His passion that I completely changed the way I felt about this timeworn tradition of over 1300 years. I felt renewed by putting myself in those pictures with our Lord. I could hear the crying of the women. I could smell the dust and the blood. Thank you, Lord, for bringing those beautiful images into our lives at Maryhill for all the residents and their families to strengthen their spiritual life. If you would like to see our beautiful Stations and share the journey, please come to our chapel and pray with us every Thursday after the 9 o'clock Mass during Lent. May your Lenten season be transforming.

Blessings,  
*Nancy J. Reece*  
Pastoral Care Director



# welcome

## Meet Our New Administrator Lynne Crockford, LNHA



Lynne joined the Maryhill family in January of 2020. She is looking forward to implementing positive changes and capitalizing on the various opportunities that exist within the long term care system. With the constant changes being brought on by federal and state regulations, the team is always focused on maintaining the rights of the resident while ensuring guidelines are met. She has been busy acclimating herself to our facility and getting to know everyone. If you haven't had the chance to meet her yet, please feel free to stop by her office to say hello.

Lynne is originally from Kingsford but currently resides in Norway with her husband of 30 years, Mark and her youngest son, Jake, 13. She and her husband also have two older sons, Cody, 26 and Adam, 24. When she is not focused on her career, Lynne can be found driving all over the UP for hockey, cheering on the Packers, sunning herself on their boat while her boys fish or walking her dogs. Some of her other interests include, reading, camping, spending time at camp, music and laughing with friends and family.

Lynne received her Bachelor of Science from Michigan Tech University. Her professional background started out with a variety of programming positions until she realized she likes people more than computers. She spent 8 years as the Business Office Manager at Freeman's Nursing & Rehab, she then decided to take a hiatus from long-term care and worked with Back In Motion before returning to Freeman's where she was the Administrator for 5-years. We are excited to welcome Lynne to Maryhill and look forward to learning from her knowledge and experience.

**ST. PATRICK'S DAY CROSSWORD PUZZLE**

**Across**

4. capital of Ireland

5. a type of Irish dance

7. if you do not wear green on March 17 this will happen

9. the day St. Patrick's Day falls on

11. the national emblem of Ireland

12. yellow and blue make \_\_\_\_\_

13. from Ireland

**Down**

1. the 3rd month of the year

2. good fortune

3. nonsense or misleading talk

6. called the Emerald Isle

7. a starchy vegetable

8. a sprite

10. 4 leaf \_\_\_\_\_

Answers on Page 5



## EVENT HIGHLIGHTS

3/07 St. Pat's Crafts @ 2:00 pm (with Northland Scholar Students) 

3/08 Plant a Flower Day—Flower Planting @ 1:00 pm

3/08 Christian Fellowship @ 5:30 pm 

3/10 Resident Council 

3/17 Prayer Shawl w/ Special Guest from Ireland @ 11:00 

3/17 St. Patrick's Day—Bingo & Green Beer @ 2:00 pm 

3/18 Monthly Birthday Party @ 2:00 pm with Ray & Mindy 



3/22 Christian Fellowship @ 5:30 pm 

3/31 Men's Breakfast @ 7:00 am —Wear Green 



STATIONS of the CROSS

Thursdays during Lent:  
10:00 am

### Movie & Popcorn Nites

Wednesdays at 6:15 pm  
(3/25 will be on 3/23 at 2 pm)



Sunday  
March 8, 2020



March babies have an attractive personality. They are amazingly affectionate but are often shy and reserved at first. Babies born in March are secretive. They are instinctively honest and love to shower those they care about with generosity. They can sympathize easily. Tempers tend to flare quickly with March babies. They are extremely trustworthy. Show a March baby appreciation and kindness and you will see it returned. They tend not to wear their hearts on their sleeves, preferring to bottle up their feelings. Babies born in March are very observant.

### Prayer for Lent



Gracious and Merciful God, throughout our Lenten journey, we are asked to be more gracious and merciful ourselves. Yet we often avoid looking into our own hearts for fear of learning the extent to which we have lost our way. As we continue our travels, help us, we pray, to sacrifice our own comforts in order to help those in need. May we appreciate that your limitless love, compassion and forgiveness always journey with us.

Amen.

### ST. PATRICK'S DAY CROSSWORD PUZZLE

#### ANSWER KEY

- |                |              |
|----------------|--------------|
| <b>ACROSS:</b> | <b>DOWN:</b> |
| 4—DUBLIN       | 1—MARCH      |
| 5—JIG          | 2—LUCK       |
| 7—PINCH        | 3—BLABBER    |
| 9—SEVENTEENTH  | 6—IRELAND    |
| 11—SHAMROCK    | 7—POTATO     |
| 12—GREEN       | 8—LEPRECHAUN |
| 13—IRISH       | 10—CLOVER    |

# March





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Rosary/Comm. 9:00 Catholic Mass 10:15 Family Feud 1:30 Rummage Bingo 2:30 Protestant Service	2 8:30 Rosary/Comm. 10:15 Derby Day 2:00 Nickel Joker-Eno 6:00 Baptist Service	3 8:30 Rosary/Comm. 10:15 Current Events 2:00 Bingo 6:15 Yahtzee	4 8:30 Rosary/Comm. 10:15 Pictionary <b>2:00 Baking group</b> 3:00 Bible Stories 6:15 Movie & Popcom	5 8:30 Rosary/Comm. 9:00 Catholic Mass 10:00 Stations of The Cross 10:15 Parachute 2:00 Joker-Eno	6 9:30 Rosary 10:00 Mass & Adoration 10:15 Tie Blankets 2:00 Happy Hour: Denise	7 10:15 Pamper & Polish  <b>2:00 St. Pats Crafts With Northland Scholars students</b>
8 <b>Day Light Savings (Plant a flower day)</b> 8:30 Rosary/Comm. 9:00 Catholic Mass 10:15 You Be the Judge <b>1:30 Flower Planting</b> 2:30 Protestant Service 5:30 Christian Fellowship	9 8:30 Rosary/Comm. 10:15 Ball Toss/Trivia <b>2:00 Travel Club: New Orleans</b>	10 8:30 Rosary/Comm. 10:15 Current Events <b>2:00 Resident Council</b> 2:30 Bingo 6:15 Yahtzee	11 8:30 Rosary/Comm. 10:15 Pictionary <b>2:00 Creative Art</b> 3:00 Chaplet of divine mercy 6:15 Movie & Popcom	12 8:30 Rosary/Comm. 9:00 Catholic Mass 10:00 Stations of The Cross 10:15 Archery 2:00 Joker-Eno	13 9:30 Rosary/Comm. 10:15 Exercise 10:30 Short Stories 2:00 Happy Hour: Ray & Mindy	14 10:15 Baking 2:00 Pamper & Polish
15 8:30 Rosary/Comm. 9:00 Catholic Mass 10:15 Family Feud 1:30 Deal or No Deal 2:30 Protestant Service	16 8:30 Rosary/Comm. 10:15 Derby Day 2:00 Nickel Joker-Eno	17 <b>St. Patrick's Day</b> 8:30 Rosary/Comm. 10:15 Current Events 11:00 Prayer Shawl <b>2:00 Bingo &amp; Green Beer</b> 6:15 Yahtzee	18 8:30 Rosary/Comm. 9:00 Protestant Serv. 10:15 Spelling Bee <b>2:00 Monthly Birthday party: Ray &amp; Mindy</b> 3:00 Chaplet of Divine Mercy 6:15 Movie & Popcom	19 8:30 Rosary/Comm. 9:00 Catholic Mass 10:00 Stations of The Cross 10:15 Golf 2:00 Joker-Eno	20 <b>First Day Of Spring</b> 8:30 Rosary/Comm. 10:15 Ball Toss 10:30 Trivia 2:00 Happy Hour: Crystal Hogan	21 10:15 Crafts 2:00 Pamper & Polish
22 8:30 Rosary/Comm. 9:00 Catholic Mass 10:15 Help Your Neighbor 1:30 Penny Ante 2:30 Protestant Service 5:30 Christian Fellowship	23 8:30 Rosary/Comm. 10:15 Ball Toss /Trivia 2:00 Movie & popcorn	24 8:30 Rosary/Comm. 9:00 Protestant Serv. 10:15 Current Events 2:00 Bingo 6:15 Whammo	25 8:30 Rosary /Comm. 9:00 Mass 10:15 Fictionary <b>2:00 Baking Group</b> 3:00 Chaplet of Divine Mercy <b>6:30 Group Therapy</b>	26 8:30 Rosary/Comm. 9:00 Catholic Mass 10:00 Stations of The Cross 10:15 Scattegories 2:00 Joker-Eno	27 8:30 Rosary/Comm. 10:15 Exercise 10:30 Short Stories 2:00 Happy Hour: Jim D.	28 10:15 Baking 2:00 Pamper & Polish 5:45 Music Bingo
29 8:30 Rosary/Comm. 9:00 Catholic Mass 10:15 Family Feud 1:30 Deal or No Deal 2:30 Protestant Service	30 8:30 Rosary/Comm. 10:15 Derby Day 2:00 Nickel Joker-Eno	31 <b>7:00 Men's Breakfast</b> 8:30 Rosary/Comm. 10:15 Current Events 2:00 Rummage Bingo 6:15 Yahtzee				<b>All Activities Are Subject to Change: See white boards for changes</b>



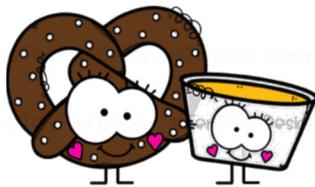
Everyone's Irish On March 17th.



Wear GREEN on Fridays in March!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Bible Stories 2:00 Bag Toss 6:00 Movie/Stim	2 10:00 Word Game 12:30 Bowling 2:00 Sing A Long Snack time 6:00 Movie/Stim	3 10:00 Flash Cards 2:00 Bingo Snack time 6:00 Movie/Stim	4 10:00 Ball Toss 2:00 Shut Box & Snack 6:00 Movie/Stim	5 10:00 Short Stories 12:30 Bowling 2:00 Reminiscence Snack time 6:00 Movie/Stim	6 10:30 Religious Group 12:30 Ball Toss 2:00 Happy Hour: Snack time 6:00 Movie/Stim	7 10:00 Spelling Bee 12:30 Bowling 2:00 Play dough craft Snacktime 6:00 Movie/Stim
8 <b>Day Light Savings (Plant a flower day)</b> 10:00 Bible Stories 12:30 Parachute <b>2:00 Flower Planting</b> 6:00 Movie/Stim	9 10:00 Word Game 12:30 Bowling 2:00 Sing A Long Snack time 6:00 Movie/Stim	10 10:00 Flash Cards 2:00 Bingo Snack time 6:00 Movie/Stim	11 10:00 Balloon Ball 2:00 Shut Box & Snack 6:00 Movie/Stim	12 10:00 Short Stories 12:30 Bowling 2:00 Reminiscence Snack time 6:00 Movie/Stim	13 10:30 Religious Group 12:30 Ball Toss 2:00 Happy Hour: Snack time 6:00 Movie/Stim	14 10:00 Valentines Crafts 2:00 Pamper & Polish Snacktime 6:00 Movie/Stim
15 10:00 Bible Stories 2:00 Bag Toss Snack time 6:00 Movie/Stim	16 <b>10:00 Crystal Hogan</b> 12:30 Bag Toss 2:00 Sing A Long Snack time 6:00 Movie/Stim	17 <b>St. Patrick's Day</b> 10:00 Short Stories 2:00 Bingo Snack time 6:00 Movie/Stim	18 10:00 Ball Toss 2:00 Trivia & Snack 6:00 Movie/Stim	19 10:00 Pamper & Polish 12:30 Kick ball <b>2:00 Monthly Birthday party: Jim D</b> 6:00 Movie/Stim	20 <b>First Day of Spring</b> 10:30 Religious Group 12:30 Trivia 2:00 Happy hour 6:00 Movie/Stim	21 10:00 Spelling Bee 12:30 Bowling 2:00 Play dough craft Snack time 6:00 Movie/Stim
22 10:00 Bible Stories 2:00 Parachute Snack time 6:00 Movie/Stim	23 10:00 Bag Toss 12:30 Bowling 2:00 Sing A Long Snack Time 6:00 Movie/Stim	24 10:00 Flash Cards 2:00 Bingo Snack time 6:00 Movie/Stim	25 10:00 Ball Toss 2:00 Creative Art Snack time 6:00 Movie/Stim	26 10:00 Spelling Bee 12:30 Parachute 2:00 Animal Kingdom Snack time 6:00 Movie/Stim	27 10:30 Religious Group 12:30 Ball Toss 2:00 Happy Hour Snack time 6:00 Movie/Stim	28 10:00 Crafts 2:00 Pamper & Polish & Snack time 6:00 Movie/Stim
29 10:00 Bible Stories 2:00 Bag Toss Snack time 6:00 Movie/Stim	30 10:00 Word Game 12:30 Bag Toss 2:00 Sing A Long Snack time 6:00 Movie/Stim	31 <b>7:00 Men's Breakfast</b> 10:00 Flash Cards 2:00 Bingo Snack time 6:00 Movie/Stim				<b>Activities are subject to change</b>



**Pretzel & Cheese  
Fundraiser  
Wed., 03.11**



**Hot Dog  
Fundraiser  
Wed., 03.18**

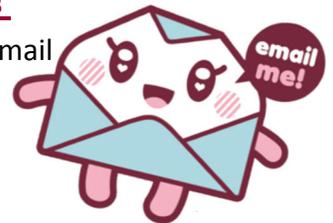




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## Would you prefer an electronic version of our newsletter?

Please let us know if you would be interested in receiving a copy of our newsletter via email rather than receiving a paper copy. We are trying to become more environmentally friendly but don't worry, we will still continue to send paper copies to anyone who wants one. If you no longer wish to receive a paper copy, please email Stacy Schinderle at [sschinderle@maryhillmanor.org](mailto:sschinderle@maryhillmanor.org) with your email address and she will add you to the list. If you wish to continue receiving a paper copy, you do not need to do anything!



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## Your Administrative Staff

**Lynne Crockford, LNHA—Administrator**

Randy Beauchamp	Plant Operations Manager	Danielle Novak	Activities Director
Kristin Moser, RN	Director of Nursing Services	Patti Sparapani, RN	Staff Educator; Infection Preventionist
Carrie Kaldor	Business Office Manager; Medicare Coordinator; HIPAA Officer	Nancy Reese	Pastoral Care Coordinator
Stacy Schinderle	Admissions & Marketing Coordinator; Grievance Officer	Melissa Jacobs	Dietary Services Manager
Cari Brault, RN	Assistant Director of Nursing Services; Restorative Coordinator	Crystal Wells, RN	MDS Coordinator
		Jesy DeRoche, BSW	Social Worker

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